



REDECKER

Manufacturer of fine brushes since 1935

BÜRSTENHAUS REDECKER



MASSAGE BRUSHES

The traditional and highly modern way
to enhance wellbeing with brushes



massage brushes and
back scratcher brush

BRUSH YOURSELF TO GOOD HEALTH!

Brush massages are incredibly revitalising. Not only do they stimulate the circulatory system, they also clean the skin which gets extremely soft and supple as a result.



BRUSH YOURSELF TO BEAUTY!

A daily rubbing massage or brush massage not only stimulates your circulation but also tightens your skin! For the tightening massage, we offer a large selection of high-quality massage gloves and massage brushes. For personal care, our product range includes nailbrushes, bathing brushes, foot massage brushes, face brushes, and also hairbrushes with a special head massage effect. Whether they are made of beech, pear or olive wood, with sisal, bristle, horsehair or nubs – a daily brush massage after showering or in the sauna keeps you on the go.

NATURAL STROKES

Brush massage has been around since there were brushes. Many cultures know about the healing and revitalising effect of natural bristles on the skin. But it is not limited to powerful strokes of the brush to stimulate circulation: A gentle brush massage in particular allows you to experience a perceptible enhancement of your personal wellbeing.

HOW CAN I FIND THE RIGHT MASSAGE BRUSH FOR ME?

Are you looking for a massage brush for dry massage or for the sauna? You can even get both in one brush. Important criteria for your choice includes handling and the hardness of the bristles. If you regularly want to include your entire back in the massage then your brush should have a handle - ideally with a firm grip - so the head of the brush cannot fall off even when massaging your back vigorously. The best way to test the hardness of your massage brush is on the inside of your forearm. If it feels nice then those are the right bristles for you!



DIFFERENT MATERIALS AND MODELS TO SUIT PERSONAL PREFERENCES

The materials used for massage tools include: Bristles with various degrees of hardness; horsehair; blends of horsehair and plant fibres; wooden pins; the plant fibre "tampico fibre"; sisal; and knitted flax. All our massage brushes are made of native wood such as beech, pear, or thermo ash wood.



Brush massage (dry brushes)

Dry massage is a wonderful way to stimulate the heart, circulatory system and nerves, but please be sure to observe the following rules: Always begin the massage on the body parts furthest away from the heart - the feet followed by the arms. Massage towards the heart with 3-5 long, strong strokes of the brush. In the area of the abdomen, chest, and back, massage clockwise using smaller, circular strokes. A pleasant, cosmetic side effect of such a massage is a gentle peeling. The massage removes dead cells from the surface of the skin. It is normal for the skin to warm up and redden slightly and a contrast shower after the massage enhances the effect. Dry brushing while you are too cold or hot is not recommended.



Sauna brushes

The sauna has been a cultural institution in Finland for centuries and is considered the source of everything good. High-quality sauna accessories can offer physical relaxation and enhance the positive effects of sauna use. Our brushes make using the sauna a great experience! So what is a sauna without a brush? A pleasant brush massage during your time in the sauna works wonders! Of course you can also use a „sauna brush“ as a dry massage brush in your bathroom at home.



Massage gloves

Massage mitts made of sisal or flax are not just practical for intensive massage but are also ideal for washing. While all products are machine-washable at 60° C, they should not be dried in the dryer.

Massage brush for children

The soft bristles of this brush are ideal for baby and toddler massages. With a motif for children, the brushes are suitable as a massage or bathing brush.



Body Ionic brush (convent brush)

The Body Ionic brush helps you in your quest for physical and mental wellbeing because a massage with this brush results in the build-up of energy. Even daily use for just three minutes is sufficient to revitalise, relax, and promote circulation. How it works: Positive ions reduce the supply of outside energy to the body. This is why an energy balance should be achieved with negatively charged ions (anions). The Body Ionic brush is an easy way to generate these anions, which are produced due to the molecular structure of the extremely fine bronze wire (a copper-tin alloy).



Anti-cellulite brush

Declare war on orange peel skin! With regular use, the sturdy wood pins can tighten the skin and effectively reduce the appearance of cellulite.





Manufacturer of fine brushes since 1935

BÜRSTENHAUS REDECKER

TRADITION AND MODERNITY IN HARMONY

The first handcrafted Redecker brushes were produced in 1935. A lot has changed since then. Today, the name Redecker stands, as it has for many years, for an ideal combination of natural quality, function, and design. It lives from our very own blend of inventiveness, sound craftsmanship, and creativity.

For further information, you may contact us by phone **+ 49 (0) 5423-9464-0** or email at **info@redecker.de**! Also visit us on the internet at **www.redecker.de**! In addition to tips and ideas, you will also find a catalogue that allows you to browse through all available Redecker products.



Bürstenhaus Redecker GmbH
Bockhorster Landweg 19 · DE-33775 Versmold
Tel.: +49 (0) 5423-94 64-0 · Fax: +49 (0) 5423-94 64-20
www.redecker.de · info@redecker.de

f facebook.com/buerstenhaus.redecker
t twitter.com/redecker_de